

**FORTE FAMILY PRACTICE BONE DENSITOMETRY (DEXA)  
PATIENT HISTORY QUESTIONNAIRE**

Today's Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Current Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Ethnicity: \_\_\_\_\_ Sex: M F

Age of Menopause(If applicable): \_\_\_\_\_ Referring Physician: \_\_\_\_\_

- |   |                              |                             |
|---|------------------------------|-----------------------------|
| 1. Have you had a previous hip or vertebral fracture?   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Have you had any fractures during your adult life which did not result from significant trauma (e.g., auto)? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Did either of your parents ever have a hip fracture?   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Do you smoke?  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 5. Have you ever taken Glucocorticoids?   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 6. Do you have rheumatoid arthritis?  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 7. Do you have secondary osteoporosis?  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 8. Do you drink 3 or more alcoholic drinks per day?   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 9. Are you being treated for osteoporosis?  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

10. Have you ever taken any of the following medications:

- |  |  |
|--|--|
| <input type="checkbox"/> Actonel (i.e. risedronate)    | <input type="checkbox"/> Boniva (i.e. ibandronate)           |
| <input type="checkbox"/> Evista (i.e. raloxifene)      | <input type="checkbox"/> Forteo (i.e. parathyroid hormone)   |
| <input type="checkbox"/> Fosamax (i.e. alendronate)    | <input type="checkbox"/> HRT (i.e. estrogen/hormone therapy) |
| <input type="checkbox"/> Miacalcin (i.e. calcitonin)   | <input type="checkbox"/> Protelos (i.e. strontium ranelate)  |
| <input type="checkbox"/> Reclast (i.e. zoledronate)    | <input type="checkbox"/> Prolia (i.e. denosumab)             |
| <input type="checkbox"/> Vitamin D                     | <input type="checkbox"/> Calcium                             |
| <input type="checkbox"/> Other – Please specify: _____ |  |

11. Do you have any of the following medical conditions?

- |  |   |
|--|---|
| <input type="checkbox"/> Anorexia or Bulimia           | <input type="checkbox"/> Any seizure disorders      |
| <input type="checkbox"/> Asthma or Emphysema           | <input type="checkbox"/> Cancer                     |
| <input type="checkbox"/> End stage renal disease       | <input type="checkbox"/> Inflammatory bowel disease |
| <input type="checkbox"/> Hyperparathyroidism           | <input type="checkbox"/> Hysterectomy               |
| <input type="checkbox"/> Other – Please specify: _____ |   |

12. What was your maximum height (inches)? \_\_\_\_\_

- |   |                              |                             |
|---|------------------------------|-----------------------------|
| 13. Do you perform weight bearing exercise regularly? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 14. Do you regularly consume dairy products?          | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 15. Do you drink caffeinated beverages?               | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

If female:

- |  |  |
|--|--|
| 16. At what age did your period start? _____   |  |
| 17. Are you premenopausal?   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 18. How many full term pregnancies have you had? _____   |  |
| 19. Have you ever missed your period for more than 6 months in a row (not including pregnancy or menopause)? | <input type="checkbox"/> Yes <input type="checkbox"/> No |